

## **Community Health Needs Assessment**

**IRRRB**

**May 24<sup>th</sup>, 2017**

**9:00 a.m. – 11:00 a.m.**

**In Attendance:** Jim Gangl, Cheryl Bisping, Lorrie Janatopoulos, Jean Larson and Sara Ferkul

### **The group discussed observations from the data that was collected:**

- Lack of compassion and emotional support.
- The stigma attached to mental health.
- Adolescent mental health numbers seem high for this area however in comparison to the state wide numbers they are very similar.
- Girls tend to have more issues with being bullied.
- Higher rates of fast food consumption.
- Physical activity as a whole is trending down.
- Malnutrition is up to 50% in St. Louis County in comparison to other counties.
- Binge drinking, percentage is higher when looking at the student survey in the Mountain Iron-Buhl school. Binge drinking also seems to be a bit more of a problem in rural areas.
- Drinking on the Iron Range seems to be something to be proud of in comparison to other areas.
- Tobacco use is at 28.7% in Virginia however, statewide it is only 14%.
- Poverty plays a role with behavior.
- Almost half of the students surveyed do not live with both biological parents also tied to socioeconomics.
- Inequality in healthcare (age, gender, race or military)

### **General discussion on what has been going on or being worked on:**

- Teen Intervene – Jana Blomberg is implementing this program which is tied to athletics.
- Planning and implementation grant. Deer River is focusing on drinking and then will move onto marijuana awareness.
- Making sure to approach everything multi system. Including youth, parents and community. As of now the community has not been extremely supportive.
- Having a policy maker discussion.
- Also work with Lynn Geordt (Department of Human Behavior, Justice and Diversity) to see what she has been doing.

### **Questions:**

- Should we reach out to groups that have fitness programs to see if we can utilize their services?
- Reaching out to Rutabaga project to see what challenges low income families face?
- Should we speak with schools about what they are doing about nutrition and consumer health?
- Should we focus on new moms or families to get them focused on nutrition early?

- We also need to assess what is already going on.

**Next Meeting with the Full group:**

**June 27<sup>th</sup>, 2017**

**9 a.m. – 11 a.m.**

**IRRRB**