

Active Living
February 26, 2018
YMCA
10:00 a.m. – 11:00 a.m.

In Attendance: Elizabeth Kelly, Chris Strand, Chad Buggert, Anna Amundson, Ray Jobe and Sara Ferkul

Had a discussion on the youth survey distribution. Anna has had some setbacks with some of the schools distributing the surveys, however we believe she has worked through this and we should begin receiving feedback.

We discussed the week of July 4th. Based on previous years that the “Meet up and Chow Down” program has taken place the participation was almost non-existent. We thought maybe having the program on Monday (July 2) and Tuesday (July 3) but then not having it on July 4th through July 6th.

We discussed the meals, Elizabeth said that United Way would be willing to purchase coolers for transportation of the meals from the Merritt School. The Merritt School will be switching to their new kitchen prior to the start of the program. We will need to arrange transportation of meals from the school to the site.

Sara will begin working on marketing materials with Elizabeth. We will begin with a smaller card of sorts that will go out with kids in March. We will follow it up with additional materials in mid-April followed by a 6 week push before the start of the program.

And finally we talked about the activities for the kids. We decided that we wouldn't have specific days for specific activities, for example, swimming every Monday. However, we may specify a day for the same types of activities. Thursdays will be one of those days. Thursdays will be set aside for food nutrition or gardening. Chris will be using Extension programs on these days or walking to the farmer's market so the kids can take part in the “Power of Produce” program. We also thought having one day dedicated to a “STEAM” activity.

Some additional ideas for activities will be:
Log Rolling/Paddle Boards/Swimming/Tubing Exercises
Portable basketball hoops – will be available all the time
Possibly archery – maybe once a month
Boat and Water safety
Bird studies/lake environment/water studies
Geocaching
Also check into library schedules – plays, guest authors?
Looking into the summer reading program

Next Meeting:
March 20, 2018
2:00 p.m. – 3:00 p.m.
YMCA