

Active Living
April 23, 2018
YMCA

10:00 a.m. – 11:00 a.m.

In Attendance: Ray Jobe, Chris Strand, Elizabeth Kelly, Chad Buggert, Mary Finnegan, Aubrie Hoover, Rylee Herr and Sara Ferkul

Chad and Anna have been working on building the activities schedule for the summer. As of now all the weeks are full. Including one more sedentary activity and one more physical activity. All Thursdays will also be set aside for a program that will be administered by Chris Strand and the Minnesota Extension. These programs will focus on nutrition/gardening type activities. They will also bring the kids to the farmer's market so they can participate in the Power of Produce "POP" program. At the beginning of the Extension programs the kids will need to fill out a short survey they will then fill one out at the end of the 6 week program. Chad and Anna also worked with the library to incorporate some of their summer activities into the schedule. They have 3 activities per month. We asked the library to focus their book choices on nutrition or healthy ways. Chris may have suggestions. Chad will be sending the activities list. The YMCA also got 4 STEM kits for the kids.

The YMCA will be providing 2 guards that will be facilitating the events each day. They are certified in first aid. There will also be an additional staff member for picking up food each day.

INAC reached out to Elizabeth and they are asking for a number estimate for meals. We discussed trying to base numbers off of the Meet Up and Chow Down programs in Chisholm and Hibbing. However, there was such a gap in averages we thought possibly starting at around 40.

Elizabeth will also start building the page on the United Way website. When it is completed she will send the link out so it can be used in advertising. Also included in on the advertising will be a map showing the drop off site (Cupoletti building – old gun club) and the list of daily activities.

The city of Virginia asked if on the 2nd and/or 3rd July if the kids could come to the Miner's building and help decorate bikes/trikes for the parades. If the kids do not have bikes the city will have another activity for them to do. The city offered to provide a meal however we believe that we will still provide the meal that United Way will be giving.

Elizabeth also wrote an article about the Meet Up and Chow Down Recharged program and it will be in the Hometown Focuses Focus on health addition. Iron Range Resources & Rehabilitation also wrote an article that will be featured in the Ranger newsletter. Ray also spoke with the city of Virginia and they are willing to put advertisements on their local cable channel.