

Healthy Active Communities

April 23, 2018

Northland Office Building

2:00 p.m. – 3:00 p.m.

In Attendance: Ray Jobe, Janene Glyn, Kathy Simonson and Sara Ferkul

Fresh Food Access:

This group will be combining with the Northland Food Network and will focus on either Regional Vision or Farm to School. It was also discussed that Ruby's Pantry will be starting in Hibbing. Janene also mentioned that there isn't anyone picking up the extra produce on Fridays, Saturdays or Sundays from the Co-op. There was discussion of trying to find somewhere that could utilize that produce, for example Bill's House or the Youth Foyer.

Mental Health:

As of now the Fidgety Fairytales presentation will need to be put on hold for now. An organization in Duluth is going to have a presentation, we will connect with them after. We ran into a challenge when planning because we found out they will not do overnight stays and it would have to be during the school week/hours.

The goal for the mental health group will be to expand the REACH program through schools. As of now we know that Northwoods School is on board. Chisholm School district is interested but are not sure on timing with implementation. Mountain Iron-Buhl School District is working on getting the program implemented. Virginia School District did offer the program for the 1st semester however they had to put it on hold because of the amount students in the program and the teacher wasn't able to handle that large of a class. It is recommended no more than 10 students per class, the Virginia district had 16 students.

May 1st the students that are part of the REACH program will be traveling to Hutchinson for a state wide conference – REACH Day for Kids!

The group spoke about what the major gap in mental health is. It was agreed that it is the lack of beds in youth crisis situations. Janene mentioned that at times a child/teenager could wait in the ER at Essentia for up to 3 weeks before placement.

Active Living:

This group is moving forward with their Meet Up and Chow Down Recharged program which is a hybrid of United Way's Meet Up and Chow Down program that they have had in both Chisholm and Hibbing in previous years. This program will not only provide a meal for children throughout the summer (Monday-Friday) but will also have an activity provide by the YMCA. The drop off point will be at the old gun club at Silver Lake Beach. The program will run from June 4 through August 31. The kids will also be participating in nutrition education.

Next Meeting:

May 23rd, 2018

2:00 p.m. – 3:00 p.m.

YMCA

