

**Healthy Active Communities**  
**-Mental Health**  
**July 27, 2017**  
**Essentia Health**  
**3:30 p.m. – 4:30 p.m.**

**In Attendance:** Janene Glyn, Tina Kraus and Sara Ferkul

We began the meeting discussing Fidgety Fairy Tales. Lorrie sent Janene some information about them.

<http://www.macmh.org/fidgety-fairy-tales/>

Sara did some follow up costs associated with the event, they are listed below:

#### Now Booking Performances!

Performance fee within Minnesota is \$1000.

If the site is outside of the Twin Cities, please add \$1/mile. We are also available to perform outside of Minnesota. Please contact Matt Jenson at [mjenson@macmh.org](mailto:mjenson@macmh.org) for rates and scheduling.

#### Sample performance schedule

The performance lasts approximately 40 minutes. It is preceded by a brief introduction about mental health and is followed by a Question and Answer session with the cast. The entire event lasts 55 – 60 minutes

As you are planning your schedule, please note that we are not able to leave the Twin Cities before 7:45 AM. Please allow 90 minutes before the performance for set-up and a spacing rehearsal.

9:00 AM Arrive at location, set up

10:30 AM Performance #1

11:30 AM Pack up sets and costumes

Noon Depart

We are able to do up to two performances in one day (\$1000/per performance). If it is at two different schools and the performances are during the school day, then the two locations should be no further than 20 minutes apart.

#### Performance Space Requirements

The sets of both Fidgety Fairy Tales productions are designed to be easily transportable and self-contained. An official theatre space is not necessary.

An open space such as a lunch room, gym, or multi-purpose room is acceptable. Ideally the performance space should be at least 20' deep and 24' wide (although we have performed in smaller spaces when necessary).

We do not require a “backstage area” because our backdrop creates a space behind which the actors can make quick changes. The cast will need to change into their costumes before the show and can do that in a nearby room or set of restrooms.

**Audience Set Up**

Audience sizes have ranged from 100 – 400. Depending on the acoustics of your space, the ideal audience size has been 150 – 200.

If the performance space is not higher than the audience space, then we suggest that the audience sit on the floor (if kids) or in chairs (if families).

We also discussed the possibility of doing a collaboration effort with a parent education day.

Janene then did a brief update on the REACH program. Not much has changed since the past meeting.

Tina mentioned the SMART program that she has started training for.

**Next Meeting:**

August 24<sup>th</sup>, 2017

3:30 p.m. – 4:30 p.m.

Essentia Health

McMillan B Room