

Healthy Active Communities – Mental Health
May 15, 2018
Essentia Health
3:30 p.m. – 4:30 p.m.

In Attendance: Janene Glyn, Jana Blomberg and Sara Ferkul

Janene gave an update on the expansion of the REACH program. 5 new schools have decided to take part in the training. 17 people will be taking part in the Mind Body Skill training that Janene has organized. The training will take place July 31, August 1, 2 and 3.

Janene is also working with the Northeast Minnesota Office of Job Training to see if the group can utilize the Talent Development Program to assist in the costs for the training. The training will be taking place at the Northwoods School. The REACH students from this area would like to cook for the teachers on one of the days. Janene spoke with Jenna Ballinger about assisting the students cook. Jenna will also be working with Essentia about covering the cost of food. The Family Services Collaborative may be able to pay the teachers' salaries. Janene also plans on reaching out to the Northland Foundation to see if they would be willing to financially assist with the cost of the trainings. The cost per teacher will be \$3,500.

For the upcoming school year there is already 21 students signed up for the REACH program at Northwoods School. At this time they only have one teacher teaching REACH. There are 58 students signed up for REACH at the Virginia School, they have two teachers.

The meeting focused on the next steps for finding funding opportunities for the trainings.